

# Transition Plan (V 4.3)

For the use of Lucy Blankenship

Created On: 4/26/15

Last Edited: 6/15/15

## "Goals"

*These are the goals I wish to complete in the order I wish to complete them.*

**18/35 Goals Complete**

### ~~1. Gather Information through News Sites~~

~~*\*Research current LGBT news.*~~

- ~~● Insurance: United Healthcare (TennCare Medicaid: B) - No~~
- ~~● Resources: \$0.00~~
- ~~● Time: 1 Day (Excluded)~~

### ~~2. Gather Information through Organizations~~

~~*\*Research LGBT organizations.*~~

- ~~● Insurance: United Healthcare (TennCare Medicaid: B) - No~~
- ~~● Resources: \$0.00~~
- ~~● Time: 1 Day (Excluded)~~

### ~~3. Research Standards of Care~~

- ~~● Insurance: United Healthcare (TennCare Medicaid: B) - No~~
- ~~● Resources: \$0.00~~
- ~~● Time: 1 Day (Excluded)~~

### ~~4. Learn the Art of Self-Acceptance~~

- ~~● Insurance: United Healthcare (TennCare Medicaid: B) - No~~
- ~~● Resources: \$0.00~~
- ~~● Time: 22 Years (Excluded)~~

### ~~5. Find out how Spirituality Fits In~~

~~*\*Research Christian denomination and their stance on the LGBT movement.*~~

- ~~● Insurance: United Healthcare (TennCare Medicaid: B) - No~~
- ~~● Resources: \$0.00~~
- ~~● Time: 1 Day (Excluded)~~

### ~~6. Come Out to Family and Friends~~

- ~~● Insurance: United Healthcare (TennCare Medicaid: B) - No~~
- ~~● Resources: \$0.00~~
- ~~● Time: 1 Day~~

### ~~7. Deal with Any Family Issues~~

~~*\*Solve any feeling of confusion, anger, or/and rejection in the family.*~~

- ~~● Insurance: United Healthcare (TennCare Medicaid: B) - No~~
- ~~● Resources: \$0.00~~
- ~~● Time: 1 Week~~

### ~~8. Practice Feminine Movement/Posture~~

~~*\*Research feminine movement/posture and practice it until it becomes natural.*~~

- ~~● Insurance: United Healthcare (TennCare Medicaid: B) - No~~

- Resources: \$0.00
  - Time: 1 Week
9. ~~Practice Feminine Handwriting~~  
*\*Research feminine handwriting and practice it until it becomes natural.*
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$0.00
  - Time: 1 Day
10. ~~Start Growing Out Nails~~
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$0.00
  - Time: 1 Day
11. ~~Start Growing Out Hair~~
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$0.00
  - Time: 1 Day
12. ~~Start Redoing Wardrobe~~
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$500.00 (Estimated)
  - Time: 1 Day
13. ~~Pass as Female In Public~~
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$0.00
  - Time: 1 Day
14. ~~Get Therapy~~  
*\*Talk to my doctor and meet with my therapist for the first time.*
- Insurance: United Healthcare (TennCare Medicaid: B) - Yes
  - Resources: \$0.00
  - Time: 1 Month (Estimated)
15. ~~Practice Feminine Skin Care~~  
*\*Research feminine skin care and practice it until it becomes habit.*
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$50.00 (Budgeted)
  - Time: 1 Week (Estimated)
16. ~~Practice Hair~~  
*\*Research hair and practice it until it becomes natural.*
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$20.00 (Budgeted)
  - Time: 1 Week (Estimated)
17. ~~Practice Makeup~~  
*\*Research makeup and practice it until it becomes natural.*
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$100.00 (Budgeted)
  - Time: 1 Day (Estimated)
18. ~~Conduct Voice Training~~  
*\*Research feminine voice and practice it until it becomes natural.*
- Insurance: United Healthcare (TennCare Medicaid: B) - No

- Resources: \$0.00
  - Time: 1 Month (Estimated)
19. ~~Go Part-Time~~
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$0.00
  - Time: 1 Day
20. [In Progress] Get Hormones
- \*Get a HRT Specialist referral, get tested, complete 3 months of therapy and get my first prescription.*
- Insurance: United Healthcare (TennCare Medicaid: B) - Yes
  - Resources: \$0.00
  - Time: 3 Months (Estimated)
21. ~~Choose A Name~~
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$0.00
  - Time: 1 Week
22. Legally Change Name
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$163.50
  - Time: 1 Week (Estimated)
23. Deal with Driver License Issues
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$13.00
  - Time: 1 Day
24. Deal with Social Security Issues
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$5.00
  - Time: 1 Day (Estimated)
25. Deal with Birth Certificate Issues
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$5.00
  - Time: 1 Day (Estimated)
26. Go Full-Time
- \*Begin living as a female "24/7 365".*
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$0.00
  - Time: 1 Day
27. Deal with Financial Issues
- \*Start job hunting and get hired.*
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$0.00
  - Time: 2 Month (Estimated)
28. [In Progress] Deal with Transportation Issues
- \*Schedule test, pass test, buy a car, get insured, and buy plate.*
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$2,500.00 (Estimated)

- Time: 2 Months (Estimated)
29. Deal with Workplace Issues
- \*Tell my boss about transitioning and solve any problems he has.*
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$0.00
  - Time: 1 Week (Estimated)
30. Deal with Insurance Issues
- \*Research, apply, and receive insurance with better coverage.*
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$0.00
  - Time: 1 Week (Estimated)
31. Conduct Facial Hair Removal
- \*Get a consultation and conduct first appointment.*
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$17,500.00
  - Time: 1 Week [2 Years-250 Hours] (Average)
32. Get a Vaginoplasty Procedure
- \*Get consultation, receive surgery, and return to work. Yes, this exactly what it sounds like.*
- Insurance: United Healthcare (TennCare Medicaid: B) - Yes
  - Resources: \$10,000.00
  - Time: 2 Weeks (Average)
33. Change Gender on Documents
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$35.00
  - Time: 1 Week (Estimated)
34. Conduct Facial Feminization Surgery
- \*Get a consultation, receive the surgery, and return to work.*
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$36,000.00 (Estimated)
  - Time: 4 Weeks (Average)
35. Conduct Breast Augmentation Surgery
- \*Get a consultation, receive surgery, and return to work.*
- Insurance: United Healthcare (TennCare Medicaid: B) - No
  - Resources: \$8,200.00 (Estimated)
  - Time: 2 Weeks (Average)

## *"History"*

*\*This is a record of my progress.*

2015

*April*

- 4/3/15 - Started dealing with transportation issues.
- 4/24/15 - Came out to family and friends and started to deal with family issues.
- 4/27/15 - Chose a name.
- 4/29/15 - Started practicing feminine movement/posture.

## May

- 5/2/15 - Practiced feminine handwriting.
- 5/5/15 - Finished practicing feminine movement/posture.
- 5/7/15 - Started therapy.
- 5/8/15 - Started dealing with financial issues and voice training.
- 5/9/15 - Moved voice training goal!
- 5/12/15 - Moved voice therapy goal, started starting redoing wardrobe goal, and started hormone therapy goal.

## July

- 6/1/15 - Rewrote "Transition Timetable" to be less complicated. The recording of progress will resume now.
- 6/8/15 - Started practicing makeup.
- 6/8/15 - Started practicing hair.
- 6/8/15 - Started practicing skin care.
- 6/9/15 - Completed skin care goal.
- 6/10/15 - Completed Therapy Goal.
- 6/14/15 - Completed "Voice Training" Goal.
- 6/14/15 - Completed "Go Part-Time" Goal.
- 6/15/17 - Completed "Practice Hair" Goal.

### *"Future Plans"*

- \*More Surgery if Needed
- \*House Feminization
- \*Move North

### *"Time Remaining"*

4 Years, 2 Months, 1 Week, 3 Days  
Monday, August 19th 2019  
(Estimated)

### *"Cost Remaining"*

\$74,421.50 (Estimated)